

# Valeria M. Carranza

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## EDUCATION

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**North Carolina State University** Raleigh, NC  
GPA: 3.3 May 2027  
B.S. in Nutrition Science  
B.S. in Philosophy

**Richmond Community College** Laurinburg, NC  
Associates in Arts 2019-2023

## RELATED COURSEWORK

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- Food Insecurity & Federal Nutrition (2025)
- Logic (2025)
- Microbiology and Laboratory (2026)
- Organic Chemistry and Laboratory (2025)
- Biomedical Ethics (2026)
- Introduction to Nutrition Research (2025)
- Philosophy of Science (2024)

## WORK EXPERIENCE

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**North Carolina State University** Raleigh, NC  
Teacher Assistant (Dr. Nicola Singletary) August 2025-December 2025

- Provide instruction and student learning in the *Food Insecurity and Federal Nutrition Program* (NTR 310) course in order to increase student understanding.
- Composed research and data preparation related to food insecurity and nutrition programs.
- Provide feedback on students written assignments and grading coursework fairly
- Collaborate with other teacher assistants to provide work-load efficiency and support to Dr. Singletary.

**North Carolina State University Athletics** Raleigh, NC  
Sport's Nutrition Intern August 2025-December 2025

- Working in a professional and fast-paced setting, alongside the North Carolina State athletics and dietician staff.
- Coordinated food, vitamin stocking, and food preparation

**Babysitting** Raleigh, NC  
Nanny to the Brinker Family September 2024-Present

- Provide trustworthy and personal child care services to the Brinker siblings ages three and eight.
- Supplied clean and nutritional snacks and meals

**Eats2Seats (US Open)** Pinehurst, NC  
Concession Attendant (Seasonal) June 2024

- Delivered exceptional customer service while working different roles, at the prestigious 2024 US Open.
- Prepared premium food options as a line preparation cook.
- Flourished while working with other team members in a fast-paced environment.

- Provided exceptional customer relations as a cashier at the US Open in order to deliver a seamless guest experience and uphold the event's high standards of hospitality.

### **TGA Tennis**

Raleigh, NC

Elementary Tennis Instructor

January 2024- April 2024

- Executed individualized and group tennis lessons to children (ages 6-10)
- Facilitated skill development, sportsmanship, and fostering a love for the game.
- Ensured a safe and welcoming environment, promoting positive reinforcement.

### **NC House of Representatives- North Carolina General Assembly**

Raleigh, NC

House Page

April 2023

- Supported daily legislative operations of the NC House of Representatives, delivering documents, bills, and correspondence to legislators on the House floor.
- Observed proceedings of the House Agriculture Committee and House Health Committee, gaining exposure to policy discussions on farming, food systems, and public health legislation.
- Gained firsthand exposure to the state legislative process, including bill readings, committee proceedings, and floor debates.

## **ACTIVITIES**

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### **NC State Global Brigade**

Volunteer

May 2025

- Accomplished a life-changing volunteer opportunity in Panama with other fellow NC State future health professionals.
- Delivered medical and dental services to two rural communities in Panama (over 600 individuals in total).
- Performed vital assessments, medical consult shadowing, dental extraction and cavity filling assisting, dental cleanings, and data informatics.

### **Thomas Jefferson Scholars Program**

Scholar

August 2023 - Present

- Selected for this highly competitive dual-degree program offered by the College of Agriculture and Life Sciences (CALS) and the College of Humanities and Social Sciences at NC State.

### **Zeta Tau Alpha Sorority**

Member

September 2024 - Present

- Engaged in the recruitment process involving networking, interviews, and presentation skills.
- Actively participated in Zeta Tau Alpha, promoting leadership, sisterhood, and community involvement through philanthropic and campus initiatives.

### **Director of Inclusion and Belonging**

ZTA Program Council

December 2025-Present

- Conducting programs, workshops, and discussions on diversity, equity and inclusion, guided by ZTA's Inclusion Philosophy and the Key Value of *Seeking the Understanding that We Might Gain True Wisdom*.
- Promoted to the director position within the Zeta Tau Alpha Program Council, and oversees the freshman program council positions. Additionally, serves as the chapter representative for the Panhellenic inclusion committee, and collaborates with campus & other chapter leaders to promote belonging.
- Engages with the Risk and Judicial committee to oversee infractions committed by chapter members, that go against the Zeta Tau Alpha bylaws.

### **NCSU ZTA Nutrition Committee**

Committee Member

August 2025-Present

- Collaborating with other ZTA Nutrition majors, the house management committee, and the Greek Eatery chef and staff.
- Attends monthly meetings to plan out the weekly menus served to the 160 Zeta Tau Alpha members. Taking into consideration dietary restrictions, requests, and financial budgeting.
- Monitors the dietary restrictions and cultural accommodations of all of the members in NCSU Zeta Tau Alpha.

### **Circle of Sisterhood**

ZTA Chapter Delegate

January 2025-December 2025

- Engaged and participated in bi-weekly meetings with other sorority women to promote our common philanthropy.
- Developed a personal passion project for elementary children in Choluteca, Honduras that promoted our philanthropy (the promotion of education to children in need).
- Developed pitches to request monetary donations and ideas to participants and donors.
- Educated others on the purpose of the initiative.
- Delegated and conducted decision-making amongst the Circle of Sisterhoods (13) delegates, NCSU panhellenic finance chairs, and additionally each philanthropy chair.
- Managed financial components such as budgeting and allocating donated funds effectively.
- Unified the NC State Panhellenic community by receiving over 550+ school supply donations from our 13 sororities, for an elementary school in Choluteca, Honduras.

### **SKILLS**

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- Microsoft Office Suite
- Google Suite
- Spanish Fluency
- Laboratory Safety Proficient